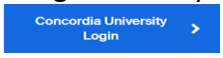# ⅱ Handshake

Handshake is the largest internship and job search platform designed specifically for college students. ***An internship is a key career exploration experience*** at Concordia, and your academic and career engagement advisor recommends 1-3 internships during college in this competitive job market. Internships complement coursework and help you discover how your gifts and talents may be best used in the workplace. Falcons have access to thousands of internships and full-time jobs nationwide! Take a look at this **video** to hear how students like you have been successful with Handshake.

What can I do on Handshake?
- **Find internships and jobs** that are match your career interests
- Receive updates from the Center for Academic Advising and Career Engagement (CAACE)
- Find events and career fairs
- Follow and connect with employers and peers
- Apply directly to positions and explore opportunities
- Search for on-campus job and part-time employment

How do I get started?
Every Falcon has an account with Handshake. Follow these steps to access:
- First time log-in: Once you have registered for classes go to **cuw.joinhandshake.com/login,** click on [Concordia University Login >] and login with your CUW single sign on credentials (FOO number only, not email address). Follow the steps to your landing page and create your profile.
- If you already have an account follow the same steps and update your profile!
- Once you are logged in create your **profile**. The more you include in your profile and interests the better Handshake can populate opportunities you care about. You will find more onboarding information **here** and please note **the privacy** information on making your Handshake profile public.

How do I search for an internship or job?
Each employer on Handshake is approved by the CUW CAACE office.
- **Learn** to upload your professional documents (resume, cover letters, recommendations)
- View **this short video** for a tutorial on how to search for an internship or job

For more information on how to get started and everything you need to know: Handshake Support Center